

BRiGiD's Catering

Healthy, Homestyle Cooking ~
Delivered to your Door!



GLUTEN & NUT FREE OPTIONS

Soups

Butternut Soup	R12
Thick Veg Soup	R12
Beef & Veg Soup	R15
Chicken & Veg Soup	R15
Pea & Ham Soup	R15
Leek and Potato Soup	R15
Cream of Broccoli Soup	R15

Main Meals

Cottage Pie	R20
Veg Breyani	R20
Thai Green Curry	R20
Mince Rissoles in Tomato and Onion Relish	R25
Chicken Breyani	R25
Fish Cakes (Made with Potato instead of Bread Crumbs)	R25
Sweet and Sour Chicken Pieces	R25
Chickpea Patties (Made with Potato instead of Bread Crumbs)	R25
Macaroni Cheese with or without Bacon with Gluten Free or Maize Pasta	R25
Pasta Carbonara with Gluten Free or Maize Pasta	R25
Baked Ziti with Gluten Free or Maize Pasta	R25
Coq Au Vin	R25
Chicken A La King	R25
Chicken and Broccoli Bake	R25
Pork Bangers in Tomato and Onion Relish	R25
Bobotie (Made with Quinoa, no nuts)	R30
Chicken Stir-fry Served with Brown Rice	R30
Fish Bake	R30
Sweet and Sour Pork Chops	R30
Irish stew	R30

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Beef Stroganoff	R30
Indian Style Chicken or Lamb Curry	R30
Malay Style Chicken or Lamb Curry	R30
Sweet Potato and Lentil Meat Loaf (Made with Quinoa)	R30
Mince & Sweet Potato Meatloaf (Made with Quinoa)	R30
Spaghetti Bolognese with Gluten Free or Maize Pasta	R30
Baked Ziti (mince) with Gluten Free or Maize Pasta	R30
Indian Style Beef Curry	R35
Roast Chicken or Pork served with Savoury Rice and Veg	R35
Cajun Style Chicken Breast served with Brown Rice and Veg	R35
Malay Style Beef Curry	R35
Beef or Pork Stir-fry served with Brown Rice	R35
Beef Cooked in Red Wine	R35