

BRiGiD's Catering

Healthy, Homestyle Cooking ~
Delivered to your Door!



LOW CARB MEAL OPTIONS

SOUPS

Cream of Broccoli Soup R15

MAINS

Thai Chicken Curry	R20
Lemon & Herb, peri-peri or Cajun Chicken Fillets	R25
Chicken Coq Au Vin	R25
Beef Stroganoff	R25
Chicken and Broccoli Bake	R25
Chicken A La King	R25
Sweet and Sour Chicken Pieces	R25
Stuffed Chicken Breast	R30
Sweet and Sour Pork Chops	R30
Irish stew	R30
Fish Bake	R30
Chicken or Lamb Indian Curry	R30
Beef Indian Curry	R35
Beef cooked in Red wine	R35