

BRiGiD's Catering

Healthy, Homestyle Cooking ~
Delivered to your Door!



WHEAT FREE, DAIRY FREE, SUGAR FREE & NUT FREE
OPTIONS

Soups

Butternut	R12
Thick Veg Soup	R12
Chicken & Veg Soup	R15
Beef & Veg Soup	R15
Leek and Potato Soup	R15

Main Meals

Mince Rissoles in Tomato and Onion Relish	R25
Pork Bangers in Tomato and Onion Relish	R25
Cottage Pie (With no milk in mash)	R25
Bobotie (Made with Oats, no nuts)	R30
Chicken Stir fry served with Brown Rice	R30
Pork Or Beef Stir fry served with Brown Rice	R35
Chicken Breyani	R25
Veg Breyani	R20
Fish Cakes (Made with Potato instead of Bread Crumbs)	R25
Coq Au Vin	R25
Beef Cooked in Red Wine	R35
Sweet and Sour Pork Chops	R30
Sweet and Sour Chicken Pieces	R25
Irish stew	R30
Indian Style Chicken or Lamb Curry	R30
Indian Style Beef Curry	R35
Malay Style Chicken or Lamb Curry	R30
Malay Style Beef Curry	R35
Sweet Potato and Lentil Meat Loaf	R25
Chickpea Patties (Made with Potato instead of Bread Crumbs)	R25
Roast Chicken or Pork served with Savoury Rice, Gravy and Veg	R35
Cajun, peri-peri, Lemon and herb Chicken Breast served with Brown Rice and Veg	R35
North Indian Butter Chicken served with Basmati Rice	R35