

BRiGiD's Catering

Healthy Homestyle Cooking
Delivered to your Door!

HEALTH ROLLS AND SALADS



OPTIONS:

Biltong and Feta
Bacon, Apple and Cream Cheese
Apple, Walnut and Cream Cheese
Steak, Blue Cheese and Caramelized Onion
Smoked Chicken, Mango and Curry Mayonnaise Dressing
Nicoise – Tuna, Boiled Egg & green beans
Smoked Salmon, Cream Cheese and Chives
Roasted Mediterranean Veg, Feta and Olives
Mozzarella Caprese – Mozzarella, Tomato and Fresh Basil
Caesar – Grilled Chicken, Parmesan and Croutons
Butternut, Olive, Rocket and Pumpkin Seeds
Grilled Chicken and Orange Salad
Baby Spinach, Strawberry and Sesame seeds
Crab and Avo and 1000 Island Dressing
Ham, Asparagus, Pecans and Mustard Mayo
Cantonese Chicken Salad with Cashews
Sirloin & Mandarin Salad
Chicken Noodle Salad
Thai Beef or Chicken Salad - Spicy, Peanut Flavour
Mexican Chicken Salad – Spicy Grilled Chicken, Guacamole, Sour Cream and Salsa
Caribbean Chicken Salad – Sweet and Sour Chicken and Pineapple

R60 pp – Salads

R45 pp – Health Rolls

Minimum order of 10 people (3 options can be chosen)